

Community Health Needs Assessment (CHNA)



This program is for
anyone impacted by
an addiction:

- Residents
- Teens
- College Students
- Parents
- Grandparents
- Educators
- Health professionals
- Law Enforcement
- Business Community
- Civic Groups

First three Tuesdays

(September through May)

7:00 - 8:00 p.m.

Hybrid meeting

Trinity Health Livonia 36475
Five Mile Road Livonia, MI
48154

South Entrance, main level
Classroom 2 or

Join Zoom Meeting

<https://us06web.zoom.us/j/87101182725?pwd=cXN4ZjVsY2tPd3hyMXJ1a0pGTFZlZz09>

Meeting ID: 871 0118 2725

Addiction: What you need to know and what you can do

**A FREE education series designed to provide information
about addiction, prevention, treatment and recovery**

**No registration necessary – Attend one session, two or all
three Certificate of attendance available**

Topics include:

- Understanding addiction
- Impact of addiction on families
- What prevents people from seeking help
- Current substance abuse trends in our community
- Underage drinking and drug use
- Making informed decisions on health and well-being
- Creating mindfulness to support recovery
- Suicide prevention
- Substance abuse and mental health disorders
- Grief and loss in addiction and recovery
- Relapse prevention

Resources available for treatment

Are you coping with one or more of these issues?

- Could my drinking/drug use be an addiction; how do I ask for help?
- Is my loved one an addict; what do I need to know to help?
- Is addiction disrupting our family, how do I take my life back?
- Am I in trouble at school or home because of my substance use?

Additional information:

TrinityHealthMichigan.org • livoniasaveouryouth.org

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