



14278 Henry Ruff • Livonia, MI 48154
www.saveouryouthtaskforce.com

What is Families Anonymous?

Families Anonymous is a group of concerned relatives and friends whose lives have been adversely affected by a loved one's addiction to alcohol and drugs. Everyone of us have made the same statement at one time or another: "but I'm not the one who needs help."

It was obvious that someone else was the one with problems. Many of us were annoyed or shocked that the other person seemed to refuse help and maybe even resented our efforts to help.

Families Anonymous is dedicated to doing something constructive about our approach to someone else's problem. We learn from our own experiences, but we can also get a great benefit from the shared misery and foolish mistakes we make while trying to do the best we can possibly do. That realization within itself goes a long way in helping us start to feel good about ourselves; and amazingly in many cases, it also sets the stage for recovery for the both of us.

Start Your Road to Recovery

Families Anonymous are people like you helping people like you.

- It's phone calls—anytime.
- It's new friends who help your situation just as others have helped theirs.
- It's friends who won't be shocked at your problems.
- It's friends who want to help you start feeling good about yourself again.

NO fees
NO community funding
NO government grants
NO last names used
NO forms to fill out
NO formal sign up

Come Join Us

There is HELP if you want it. If your life has been adversely affected by another person's use of drugs, alcohol, or related behavioral problems, please come join our weekly meetings.

Every Thursday from 7:00–8:00PM
St. Mary Mercy Hospital
Classroom 4

(Enter the main entrance on Five Mile. Classroom 4 is on the lower level off the main corridor. For a hospital map, please visit <http://www.stmarymercy.org/loc/visitormap.shtml>)

For more information, call 734-748-6108

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